Future Of Medicine and Ophthalmology: Convergence of Artificial Intelligence, Innovation and Microelectronics

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Acknowledgement-Potential Conflicts of Interest

- Board of Directors:
 - Novartis (2012-2019)
 - Verb Surgical
- Alphabet/Verily
- NIH (Current funding):
 - NEI: R01EY10101

Opinions in this talk reflect opinions of D. Azar (and not necessarily those of UIC, Verily, NEI or other affiliated entities)...

"Medicine is art based on science"

Sir William Osler, Founding Professor and first Physician-in-Chief of Johns Hopkins Hospital

Overview

- Pillars of Medicine
 - Convergence of Engineering and Medicine
 - Humanistic Medicine
- Artificial Intelligence and Machine Learning in Medicine
- Artificial Intelligence in Ophthalmology
- Summary/Conclusions

Pillar I. CONVERGENCE







Artificial Bladder

THREE REVOLUTIONS Since the 1910 Flexner Report:

MOLECULAR BIOLOGY

• 1950s

- **GENOMICS**
 - 1980s
- CONVERGENCE and AI
 - 2000s



Convergence of Engineering, AI and Data Science with Medicine:

- Contributes to the *excellence* in clinical care, research and education
- Broadens the impact and scope of medical care
- Requires renewed focus on humanism in medicine to address technological downsides
- Enhances the diversity mission



Unmet Patient Needs: Telemedicine/ Future Medicine



"concurs" at home

Convergence Goes Global:

Beyond National Borders...



From: Andrew Bastawrous' Get your next eye exam on a Smartphone

Innovation-Med (I-Med) Program



Medical Education



Integrate STEM Disciplines throughout UI COM Educational Programs Expand Dual Degree Programs and Post-doctoral Fellowships.

Pillar II. Humanistic Medicine

- Compassion
- Professionalism
- Ethics
- Communication
- Team spirit
- Helping those most in need

Medicine in the XX Century: Big devices, small data



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FROM SOPHISTICATED OPHTHALMIC EQUIPMENT to MICROELETRONICS AND AI

AFFERENT ARMEFFERENT ARM





Corneal Topography/ + Scanning Laser Wavefront Analyzer

Time between doctor visits is more relevant for disease prevention



Time between doctor visits is more relevant for disease prevention



Cloud connectivity offers multidimensional data



Small Devices; Big Data; Cloud Connectivity

Hardware is catching up to the nanometer scale

Miniaturization

- Computation
- Form-factor
- Batteries
- Pumps
- **Protection of Microelectronics**
- Therapies enabled: The inflection point for technology miniaturization needs to be guided by the medical profession

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Applications of AI-based Analyses



Diagnostic imaging is currently the highest and most efficient application of AI-based analyses and will likely further expand as imaging modalities become advanced and multi-modal.

How Can Al Help?

Artificial Intelligence (AI) has already demonstrated proof-of-concept in medical fields such as: **radiology, pathology and dermatology**, which are deeply rooted in diagnostic imaging.

- AI-based grading algorithms can identify **which patient should be referred** to an ophthalmologist for management
- Workload reduction; increase in efficiency of limited healthcare resources
- Algorithms can be run on **PC or smartphone** with average processors
- Al can improve the sensitivity and specificity of **at-risk patient detection**
- AI will promote personalized medicine
- Al can recognize **disease-specific patterns** and correlate novel features to gain innovative scientific insight

AI Learning Algorithms

Unsupervised

- Clustering (k-Means)
- Visualization and dimensionality reduction (Principal Component Analysis)
- Supervised (main learning tasks: Classification and Regression)
 - Linear Regression
 - K-Nearest Neighbors (KNN)
 - Logistic Regression
 - Support Vector Machine
 - Decision Trees and Random Forests
 - Neural Networks
 - Simple
 - Deep Learning CNN
- Semi-supervised

Unsupervised Learning: Clustering



Iteration 3: (F). Cluster assignment

(G). Re-compute centroids

Supervised Learning: Regression

Simple Linear Regression $Y=\beta 0 + \beta 1X + \varepsilon$



Multiple Linear Regression $Y=\beta 0 + \beta 1X + \beta 2X + \epsilon$



G. James, D. Witten, T. Hastie, and R. Tibshirani, An introduction to statistical learning (Springer, 2013), Vol. 112.

Supervised Learning: Logistic Regression



Logistic regression ensures that our estimate for p(X) lies between 0 and 1. It is very popular for classification, especially when K=2.

 $\log\left(\frac{p(X)}{1-p(X)}\right) = \beta_0 + \beta_1 X$

G. James, D. Witten, T. Hastie, and R. Tibshirani, An introduction to statistical learning (Springer, 2013), Vol. 112.

Supervised Learning: K-Nearest Neighbors (KNN)

Simplest form of machine learning for classification



Supervised Learning: Support Vector Machines



Support Vector Machines: Finds the plane that separates the classes in feature space

G. James, D. Witten, T. Hastie, and R. Tibshirani, An introduction to statistical learning (Springer, 2013), Vol. 112.

Supervised Learning: Random Forests

An ensemble of random decision trees to predict a result



Supervised Learning: Neural Networks



Stanford cs231 http://cs231n.github.io/neural-networks-1/

Stanford cs231 http://cs231n.github.io/neural-networks-1/

Convolutional Neural Networks

e.g. Learning to interpret medical images

As training commences, neural networks start off without any fine tuning and return random results.

The neural network progressively learns the combinations and permutations of important features

while learning to ignore unimportant features in order to make the diagnosis.

Back Propagation



Neural Networks

- Define the neural network that has some learnable parameters (weights)
- Iterate over a dataset of inputs
- Process input through the network
- Compute the loss (how far is the output from being correct)
- Propagate gradients back into the network's parameters
- Update the weights of the network, typically using a simple update rule: weight = weight - learning_rate * gradient





AI Publications in Eye Care


- Corneal Topography
- Dry Eye Diagnosis
- Smart Intraocular Lenses
- Glaucoma Diagnosis
- Fundus Photography:
 - Refractive Error Prediction
 - Identification of retinal lesions
 - Diabetic Retinopathy
- OCT:
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Corneal Topography

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Image Processing vs. Machine Learning: Corneal Topography and Tomography

- Preoperative evaluation for refractive surgery
- Topography is #1 risk for Ectasia
 - s/p PRK, LASIK
- Posterior corneal tomography
- Keratoconus classification: Normal vs. suspect



Scheimpflug Topography and Tomography

- Pentacam utilizes
 Scheimpflug imaging
 - Austrian Army officer flying balloons patented in 1904
- Scheimpflug imaging has the benefit of extended depth of focus
- Trade off is distortion of the image



Three planes must converge along a single line. These three planes are the film plane, the subject plane and lens plane

Keratoconus Indices Display



Currently the Gold Standard for Diagnosis of Keratoconus

Placido-based Axial Topography in Keratoconus (No Pachymetry measurement)



Azar-Lu MEEI Keratoconus Classification

			Score
KOD-KOS	< 1.9	0	-
	> 1.9	1	
KOD	< 47.2	0	-
	47.2-48.7	1	
	>48.7	2	
ISOD	<1.4	0	
	1.4-1.9	1	
2	>1.9	2	
≥ 2 Findings on hx (atopy, down), FH and exam	No	0	
(Fleisher, Vogt, Munson, nerves, scarring)	Yes	2	
Corneal Hydrops	No	0	
(by exam or hx) OD	Yes	2	
		Total Score	OD

Central Corneal Power



Elevation of Anterior & Posterior fit sphere





Multiple outputs. The local error of each output is calculated, and the results are summed to create a final local error

- Refractive Error Prediction
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Machine Learning: Dry Eye Disease

DEWS II Clinical Algorithm for Dry Eye Diagnosis



Dry Eye Diagnostic Tests: DEWS 2



DEQ 5

- 1. Questions about EYE DISCOMFORT:
 - a. During a typical day in the past month, how often did your eyes feel discomfort?

0	Never
1	Rarely
2	Sometimes
3	Frequently
4	Constantly

b. When your eyes felt discomfort, how intense was this feeling of discomfort at the end of the day, within two hours of going to bed?

Never have it	Not at all in	itense		Ver	y inten
0	1	2	3	4	5

2. Questions about EYE DRYNESS:

a. During a typical day in the past month, how often did your eyes feel dry?

0	Never
1	Rarely
2	Sometimes
3	Frequently
4	Constantly

b. When your eyes felt dry, how intense was this feeling of dryness at the end of the day, within two hours of going to bed?

Never have it	Not at all in	tense		Ver	y intense
0	1	2	3	4	5

3. Question about WATERY EYES:

During a typical day in the past month, how often did your eyes look or feel excessively watery?

_												
			+		+		+		+		=	
So	:070:	1a	+	1b	+	2a	+	2b	+	3	=	Total
	4	Cor	istan	tly								
	3	Fre	quen	tly								
	2	Sor	netin	nes								
	1	Rar	ely									
	0	Nev	/91									

OCULAR SURFACE DISEASE INDEX©

Please answer the following questions by checking the box that best represents your answer.

Have you experienced any of the following during the last week:

	All of the time	Most of the time	Half of the time	Some of the time	None of the time
1. Eyes that are sensitive to light?					
2. Eyes that feel gritty?					
3. Painful or sore eyes?					
4. Blurred vision?					
5. Poor vision?					

Have problems with your eyes limited you in performing any of the following during the last week:

	All of the time	Most of the time	Half of the time	Some of the time	None of the time	N/A
6. Reading?						
7. Driving at night?						
8. Working with a computer or bank machine (ATM)?						
9. Watching TV?						

Have your eyes felt uncomfortable in any of the following situations during the last week:

	All of the time	Most of the time	Half of the time	Some of the time	None of the time	N/A
10. Windy conditions?						
11. Places or areas with low humidity (very dry)?						
12. Areas that are air conditioned?						

Scoring Instructions

Item scoring

The total OSDI score is calculated based on the following formula:

OSDI = (sum of severity for all questions answered) × (100) (total # of questions answered) × (4)

where the severity was graded on a scale of
0 = none of the time,
1 = some of the time,
2 = half of the time,
3 = most of the time,
4 = all of the time.

Interpretation

A score of 100 corresponds to complete disability (a response of "all of the time" to all questions answered), while a score of 0 corresponds to no disability (a response of "none of the time" to all questions answered). Therefore, change from baseline of -12.5 corresponds to an improvement by at least one category in half of the questions answered.

Subscale Scoring

Subscales scores are computed similarly with only the questions from each subscale used to generate its own score. Therefore, any subscales analyzed separately would also have a maximum possible score of 100.

The three subscales (vision-related function, ocular symptoms and environmental triggers) are broken out as follows:

Subscale	Questions
Vision-Related Function	4, 5, 6, 7, 8, 9
Ocular Symptoms	1, 2, 3
Enviromental Triggers	10, 11, 12



Dry Eye Disease Diagnosis

- DEWS 2 rigorous approach --
- Alternatives:
 - Do You have Dry eye?
 - ML algorithm utilizing combination of surrogate factors to diagnose DED

(Overcomplication)

(Oversimplification)

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Deep Learning: Glaucoma





Example of Data Processing from stored servers



Hallak J, Yi D, Noorozi V, Lam C, Baker J, Mojab N, Rubin D, Azar D, Rosenblatt M. Longitudinal Data in Ophthalmic Imaging: Curation and Annotation. [ARVO Abstract]. 2018.

Diagnostic Tools



Fixation Monitor: Gaze/Blind Spot Stimulus: III, White Pupil Diameter: 4.9 mm Fixation Target: Central Background: 31.5 ASB Visual Acuity: Strategy: SITA-Standard RX: +6.00 DS DC X Fixation Losses: 3/18 False POS Errors: 6 % False NEG Errors: 5 % Test Duration: 07:22 Fovea: 36 dB 15 13 19 24 18 17 21 25 26 23 22 19 22 27 30 29 25 20 13 24 31 30 30 26 23 10 27 29 28 26 22 19 23 10 12 16 25 25 24 21 16 13 17 12 23 23 16 23 15 20 22 0000 -11 -14 -8 -3 -10 -11 -8 -4 -3 -5 -7 -10 -8 -4 -1 -2 -5 -8 -3 -7 -5 0 2 1 -2 -5 GHT -10 -7 -1 -2 -2 -5 -6 -5 2 -1 -3 -2 Outside normal limits -5 -4 -4 -6 -9 -11 -9 -3 -6 -7 -20 -18 -15 -6 -7 -8 -10 -13 -16 -15 -12 -3 -4 -4 -7 -9 VFI 85% -17 -13 -19 -8 -8 -13 -14 -10 -15 -4 -5 -10 -6 -14 -9 -7 -3 -11 -6 -3 MD -7.65 dB P < 0.5% PSD 4.78 dB P < 0.5% Total Deviation Pattern Deviation 淋 ■ 채 :: 35 :: 🏂 :: 23.2 44 2 林林 X 12 · · 35 35 .. . 2 2 **3 1 1 1** 2 2 ・■淋・ : 🖉 🔳 🔳 : 🖉 🔳 炒 ■ ■ 炒 :: < 5% ₩. < 2% 18 < 1% < 0.5%

______ الله الله ويعرب الجراح ويقد من المتعالية المربح ويجمع والمعار ويحمد والمحمد والمحمد والمحمد و

Single Field Analysis

Central 24-2 Threshold Test

© 2007 Carl Zeiss Meditec HFA II 750-8569-Rev C3/4.2

Eye: Left

Glaucoma

- OCT can provide analysis and thickness of the retinal nerve fiber layer (RNFL).
- RNFL in the various quadrants (ISNT) as the input (ground truth) for a deep learning convolutional network to label digital fundus photos.





OD





OS



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Refractive Error Prediction from Fundus Images

- Use of retinal fundus photos to estimate refractive error with high accuracy with deep learning techniques
- Mean absolute error (MAE) of 0.56 diopters (95%confidence interval [CI]: 0.55–0.56) for estimating spherical equivalent on the UK Biobank data set and 0.91 diopters (95% CI: 0.89–0.93) for the AREDS data set.
- The baseline expected MAE (obtained by simply predicting the mean of this population) was 1.81 diopters (95% CI: 1.79–1.84) for UK Biobank and 1.63 (95% CI: 1.60–1.67) for AREDS.
- Attention maps suggested that the foveal region was one of the most important areas used by the algorithm to make this prediction, though other regions also contribute to the prediction.

Predicting Refractive Error from Fundus Images



Model performance in predicting SE on the two clinical validation sets. (A) Histogram of prediction error (Predicted Actual) UK Biobank data set (blue) and AREDS data set (red). (B) Scatter plot of predicted and actual values for each instance in the validation sets. Black diagonal indicates perfect prediction, where y ¼ x.



Example attention maps for three left myopic (SE worse than 6.0), neutral (SE between 1.0 and 1.0), and hyperopic (SE worse than 5.0) fundus images from UK Biobank (two top rows) and AREDS (two bottom rows). Diagnosed SE is printed in the bottom right corner of fundus images. Scale bar on right denotes attention pixel values, which are between 0 and 1 (exclusive), with the sum of all values equal to 1.

Vardarajan AV, Poplin R, Blumer K, Angermueller C, Ledsam J, Chopra R, Keane PA, Corrado GS, Peng L, Webster DR. Deep learning for predicting refractive error from retinal fundus images. Invest Ophthalmol Vis Sci. 2018 Jun; 59(7): 2861-2868.

0.9

0.8

87

0.6

0.5

0.4

03

0.2

01

AREDS

UK Biobank

Predicting Cardiovascular Risk Factors from Retinal Fundus Images

- Extracting knowledge from retinal fundus images
- Data obtained from 284,335 patients
 - Validated on two independent datasets of 12,026 and 999 patients
 - New cardiovascular risk factors predicted
 - Age (MAE within 3.26 years)
 - Gender (Area under receive operating characteristic curve, AUC = 0.97)
 - Smoking status (AUC = 0.71)
 - Systolic blood pressure (MAE within 11.23 mmHg)
 - Major adverse cardiac events (AUC = 0.70)
 - Trained deep-learning models used anatomical features to generate each prediction
 - Optic disk
 - Blood vessels



Attention maps for a single retinal fundus image. The top left image is a sample retinal image in color from the UK Biobank dataset. The remaining images show the same retinal image, but in black and white. The soft attention heat map (Methods) for each prediction is overlaid in green, indicating the areas of the heat map that the neural-network model is using to make the prediction for the image. For a quantitative analysis of what was highlighted, HbA1c values are not available for UK Biobank patients, so the self-reported diabetes status is shown instead.

SBP



Actual: 148.5 mmHg Predicted: 148.0 mmHg

Actual: 78.5 mmHg Predicted: 86.6 mmHg

DBP

Poplin R, Varadarajan AV, Blumer K, Liu Y, McConnell MV, Corrado GS, Peng L, Webster DR. Prediction of cardiovascular risk factors from retinal fundus photographs via deep learning. Nat Biomed Eng. 2018 Feb. 2;158-164.

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Retinal Lesion Detection with Deep Learning

- 243 retinal images verified and important subsections labelled to generate 1324 image patches containing hemorrhages, microaneurysms, exudates, retinal neovascularization or normalappearing structures
- Images patches used to train one standard CNN to predict the presence of the above 5 cases
- Sliding window method used to generate probability maps across the entire image



Examples of manually cropped **image patches** containing lesions of interest. (A) Cotton wool spot, (B) laser scars and exudate, (C) circinate ring, (D) venous beading and intraretinal vascular abnormality, (E) intraretinal hemorrhage, (F) intraretinal hemorrhage, (G) neovascularization of the disc, (H) fibrotic band, (I) venous beading, (J) sclerotic ghost vessel, (K) microaneurysm, and (L) laser scar.

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Diabetic Retinopathy

Performance of the algorithm (black curve) vs. 8 ophthalmologists (colored circles) for all-cause referable diabetic retinopathy, defined as moderate or worse diabetic retinopathy, diabetic macular edema, or ungradable image. For the **high-sensitivity operating point, specificity** was **84.0%** (95%CI, 83.1%-85.0%) and **sensitivity** was **96.7%** (95%CI,

95.7%-97.5%).

For the **high-specificity operating point**, **specificity** was **93.8%** (95%Cl, 93.2%-94.4%) and **sensitivity** was **90.7%** (95%Cl, 89.2%-92.1%).

There were 8 ophthalmologists who graded EyePACS-1. The area under the receiver operating characteristic curve was 97.4% (95%CI, 97.1%-97.8%).



Gulshan V, Peng L, Coram M, Stumpe MC, Wu D, Narayanaswamy A, Venugopalan S, Widner K, Madams T, Cuadros J, Kim R, Raman R, Nelson PC, Mega JL, Webster DR. Development and validation of a deep learning algorithm for detection of diabetic retinopathy in retinal fundus photographs. JAMA. 2016 Dec 13; 316(22); 2366-2368.

AI Applications in Ophthalmology

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Prediction of Individual Disease Conversion in Early AMD

• Results:

- 159 of 495 eyes (32%) progressed to advanced AMD within 2 years
 - 114 eyes progressed to CNV
 - 45 eyes progressed to GA
- Predictive model differentiated between advancing vs. non-advancing eyes with
 - CNV: 0.68
 - GA: 0.80
- Most critical quantitative features for progression
 - Retinal thickness
 - Hyperreflective foci
 - Drusen area
- Predictive hallmarks
 - CNV: Mostly drusen-centric
 - GA: Associated with neurosensory retina and age

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Diagnosis and Referral in Retinal Disease

- Challenges in automated diagnosis of medical image
 - Technical variations in the imaging process (different devices, noise, ageing of the components and so on)
 - Patient-to-patient variability in pathological manifestations of disease
- Existing deep learning approaches
 - Use single end-to-end black-box network to deal with the all the combinations of the variations
 - This would typically require millions of labeled scans
- New deep learning approach
 - Decoupling the 2 problems: technical variation & pathological variations
 - Independent problem solving


Sparse annotation enabled the coverage of large variety of scans and pathologies with the same workload as ~ 21 dense manual segmentations

De Fauw J, Ledsam JR, Romera-Paredes B, Nikolov S, Tomasev N et al. Clinically applicable deep learning for diagnosis and referral in retinal disease. Nature Medicine. 2017 Dec. https://doi.org/10.1038/s41591-018-0107-6.

Diagnosis and Referral in Retinal Disease



Results on the patient referral decision. (C) Total error rate (1 – accuracy) on referral decision. Values outside the light-blue area (3.9–7.3%) are significantly different (95% confidence interval, using a two-sided exact binomial test) to the framework performance (5.5%). AUC, area under curve.

De Fauw J, Ledsam JR, Romera-Paredes B, Nikolov S, Tomasev N et al. Clinically applicable deep learning for diagnosis and referral in retinal disease. Nature Medicine. 2017 Dec. https://doi.org/10.1038/s41591-018-0107-6.

Current Applications of AI in Retinal Disorders

- Age-related macular degeneration (AMD)
 - Currently affecting 170 million people world-wide
 - Estimated that 288 million people will have AMD by 2040

(Pennington and DeAngelis, 2016)

- Diabetic retinopathy
 - World-wide epidemic; 1/3 of estimated 285 million diabetic patients have DR signs; 1/3 of them have vision threatening DR
 - Estimated the number of DR patients to triple by 2050

(Lee et al., 2015)

- Reticular pseudodrusen
- Retinopathy of prematurity (ROP)

Pennington KL, DeAngelis MM. Epidemiology of age-related macular degereation (AMD): associations with cardiovascular disease phenotypes and lipid factors. Eye Vis (Lond). 2016; 3; p.34

SUMMARY:

AI has great applications in Ophthalmology; But Limitations Exist:

- Quality and diversity of the training sets
 - The systems are only as good as they are taught, so important to give robust reference standards to the algorithms.
- Problems with image quality
 - Good quality images are important to avoid confusion. Example algorithms at present often get confused by patient who as a central retinal vein occlusion instead of DR.
- A CNN-based system is likely to make error:
 - An experiment: Making changes to a small number of pixels in fundus photos of eyes with DR caused image-based black box CNN systems to evaluate these altered images as disease-free, while an ophthalmologist would still consider them to have DR

Summary: Convergence

- Over 100 years ago, the Flexner report established the biomedical model of education, training and research as an enduring basis for medical education.
- Now, in an era of AI and increasing technological pervasiveness, the biomedical science-centric model should be enhanced to better incorporate the growing convergence of medicine with engineering, computational science, physical sciences, and artificial intelligence.
- The technological innovations that will result from this **transdisciplinary convergence** in Ophthalmology will enable increasingly effective and affordable eye care for communities living in diverse urban, rural and suburban settings worldwide.

CONCLUSIONS:

Implications for the future of eye care:

- Education of Ophthalmology Fellows, Residents and Students:
 - The Knowledge base is only a **foundation** to facilitate interpretation of data
 - The importance of the **humanistic** elements of medicine: Professionalism, Communication, Empathy, Compassion, Respect...
- Regulatory:
 - First systems in DR have been approved (CE and FDA)
 - How will future evolving/learning systems be approved?
- The black box dilemma
 - A CNN-based system analyzes new images/data based on its self-generated rules, so how can the ophthalmologist be truly confident that the outcome is correct?
- Fear of the unknown:
 - We must insure that AI will be a **helpful tool, rather than a competitor**, for early referrals and easy diagnoses.

Now is not the end. It is not even the beginning of the end.

But it is, perhaps, the end of the beginning.



Dimitri Azar, MD, MBA